

ORC CONTEST: RACE TO WIN

It's not your speed but rather your race frequency and/or distance that earn points in this competition.

Rules:

1. Races and points are not recorded automatically. Each participant is responsible for timely reporting races to the **RACE TO WIN** scorekeeper (sethe@pegasus.cc.ucf.edu) within 30 days of the race.

Submissions should include:

Runner's name as recorded in the ORC membership database,
Runner's gender
Name, date, and distance of the race.
(Optional) Relevant documentation such as URL for results page, etc.

2. Each mile of racing earns a point. Points are accounted to the nearest whole number for each race. For example a 5k earns 3 points, a 30k (18.6 miles) earns 19 points, a marathon is 26 points, etc.

3. **RACE TO WIN** is exclusively for ORC members at the time of each race.

4. The **RACE TO WIN** season coincides with the ORC membership year (7/1 through 6/30).

5. A "race" is defined as an organized official running event that was advertised, open to the public, required registration, and included at least 10 registrants and 5 finishers. The event must have a designated race director or organization that can verify a finishers list if necessary. Training runs and most "fun runs" are not eligible. (ORC 1st Tuesday and 3rd Thursday runs are excluded even when a sign-in sheet is used for insurance or marketing purposes.)

6. Points are earned only by registered participants for actual races completed (No "bandits" please). Running a 5k course twice the same day does not earn double credit. If a runner is registered for, and completes, two different events the same day such as a 2-mile race followed by a 10k afterwards then points are earned for each. A race that was entered but not completed, even if started, earns no points.

7. Relay participants are eligible for points provided all other criteria are met and the relay organizers supply defined distances for each registered runner. Only individual distances will be counted rather than the overall event distance. The running portion of a triathlon or other multi-sport event will qualify for points provided all other criteria are met.

8. The **RACE TO WIN** program operates largely under an honor system, however, the scorekeeper reserves the right to reject questionable claims that cannot be verified.

9. Names of participants and point totals will be updated and regularly and reported on the ORC website.

10. ORC will announce, and promote **RACE TO WIN** along with the Challenge Series on the website, e-newsletter, postcards, and other club literature, as appropriate.

11. The top male and female point-earners for distance and/or number of events will be recognized at the annual ORC awards ceremony.