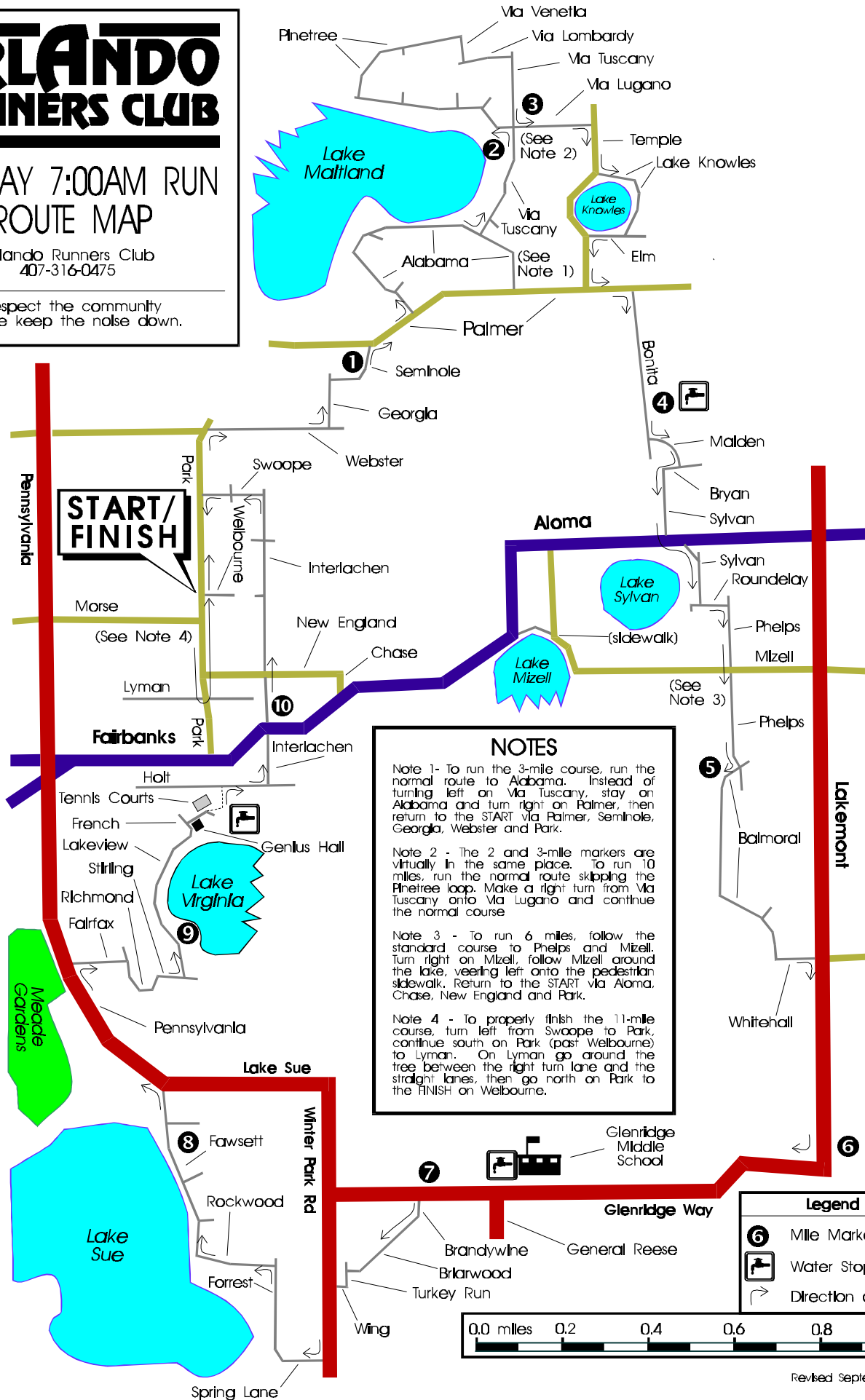


# ORLANDO RUNNERS CLUB

## SUNDAY 7:00AM RUN ROUTE MAP

Orlando Runners Club  
407-316-0475

Respect the community  
Please keep the noise down.



**NOTES**

Note 1 - To run the 3-mile course, run the normal route to Alabama. Instead of turning left on Via Tuscany, stay on Alabama and turn right on Palmer, then return to the START via Palmer, Semhole, Georgia, Webster and Park.

Note 2 - The 2 and 3-mile markers are virtually in the same place. To run 10 miles, run the normal route skipping the Pinetree loop. Make a right turn from Via Tuscany onto Via Lugano and continue the normal course.

Note 3 - To run 6 miles, follow the standard course to Phelps and Mizell. Turn right on Mizell, follow Mizell around the lake, veering left onto the pedestrian sidewalk. Return to the START via Aloma, Chase, New England and Park.

Note 4 - To properly finish the 11-mile course, turn left from Swoope to Park, continue south on Park (past Weibourne) to Lyman. On Lyman go around the tree between the right turn lane and the straight lanes, then go north on Park to the FINISH on Weibourne.

Legend	
⑥	Mile Marker
🚰	Water Stop
↷	Direction of run

